

Being Church at Home
Prayer During the Day
Easter Season 2020



United Benefice of Shedfield and Wickham

Prayer During the Day is taken from the Church of England's 'Common Worship: Daily Prayer' and follows a pattern of prayer will be used by people throughout the world.

- *You may wish to pray them on your own or with someone else at home. As we are currently unable to meet in groups you may wish to choose a time when you agree to pray with friends in your own homes.*
- *You can pray them at any time of day. Although you may be on your own remember that you are praying with others. This is why the prayers are written using the plural.*
- *The leader's part and congregational responses are left in in case you are using this in a group. If you are praying on your own please use all the phrases.*
- *As is traditional in these daily services, whilst you are reading the psalms you might choose to pause for a few seconds at each red diamond (♦).*

Preparation

O God, make speed to save us.

All O Lord, make haste to help us.

If I climb up to heaven, you are there;

All if I make the grave my bed, you are there also.

Praise

Yesterday I was crucified with Christ;
today I am glorified with him.

Yesterday I was dead with Christ;
today I am sharing in his resurrection.

Yesterday I was buried with him;
today I am waking with him from the sleep of death.

Gregory of Nazianzus (389)

The Word of God

We read a psalm and a short Bible reading. Each psalm or group of psalms may end with:

All Glory to the Father and to the Son
and to the Holy Spirit;
as it was in the beginning is now:
and shall be for ever. Amen.

Psalms during Easter Season

Sunday

Psalm 114

1 When Israel came out of Egypt, ♦
the house of Jacob from a people of a strange tongue,

- 2 Judah became his sanctuary, ♦
Israel his dominion.
- 3 The sea saw that, and fled; ♦
Jordan was driven back.
- 4 The mountains skipped like rams, ♦
the little hills like young sheep.
- 5 What ailed you, O sea, that you fled? ♦
O Jordan, that you were driven back?
- 6 You mountains, that you skipped like rams, ♦
you little hills like young sheep?
- 7 Tremble, O earth, at the presence of the Lord, ♦
at the presence of the God of Jacob,
- 8 Who turns the hard rock into a pool of water, ♦
the flint-stone into a springing well.

Monday

Psalm 30

- 1 I will exalt you, O Lord, because you have raised me up ♦
and have not let my foes triumph over me.
- 2 O Lord my God, I cried out to you ♦
and you have healed me.
- 3 You brought me up, O Lord, from the dead; ♦
you restored me to life from among those that go down to
the Pit.

- 4 Sing to the Lord, you servants of his; ♦
give thanks to his holy name.
- 5 For his wrath endures but the twinkling of an eye,
his favour for a lifetime. ♦
Heaviness may endure for a night,
but joy comes in the morning.
- 6 In my prosperity I said, 'I shall never be moved. ♦
You, Lord, of your goodness, have made my hill so strong.'
- 7 Then you hid your face from me ♦
and I was utterly dismayed.
- 8 To you, O Lord, I cried; ♦
to the Lord I made my supplication:
- 9 'What profit is there in my blood, if I go down to the Pit? ♦
Will the dust praise you or declare your faithfulness?
- 10 'Hear, O Lord, and have mercy upon me; ♦
O Lord, be my helper.'
- 11 You have turned my mourning into dancing; ♦
you have put off my sackcloth and girded me with gladness;
- 12 Therefore my heart sings to you without ceasing; ♦
O Lord my God, I will give you thanks for ever.

Tuesday

Psalm 66 1-11

- 1 Be joyful in God, all the earth; ♦
sing the glory of his name; sing the glory of his praise.
- 2 Say to God, 'How awesome are your deeds! ♦
Because of your great strength your enemies shall bow before
you.
- 3 'All the earth shall worship you, ♦
sing to you, sing praise to your name.'
- 4 Come now and behold the works of God, ♦
how wonderful he is in his dealings with humankind.
- 5 He turned the sea into dry land; the river they passed
through on foot; ♦
there we rejoiced in him.
- 6 In his might he rules for ever; his eyes keep watch over the
nations; ♦
let no rebel rise up against him.
- 7 Bless our God, O you peoples; ♦
make the voice of his praise to be heard,
- 8 Who holds our souls in life ♦
and suffers not our feet to slip.
- 9 For you, O God, have proved us; ♦
you have tried us as silver is tried.

- 10 You brought us into the snare; ♦
you laid heavy burdens upon our backs.
- 11 You let enemies ride over our heads; we went through fire
and water; ♦
but you brought us out into a place of liberty.

Wednesday

Psalm 106.1-12

- 1 Alleluia. Give thanks to the Lord, for he is gracious, ♦
for his faithfulness endures for ever.
- 2 Who can express the mighty acts of the Lord ♦
or show forth all his praise?
- 3 Blessed are those who observe what is right ♦
and always do what is just.
- 4 Remember me, O Lord, in the favour you bear for your
people; ♦
visit me in the day of your salvation;
- 5 That I may see the prosperity of your chosen and rejoice in
the gladness of your people, ♦
and exult with your inheritance.
- 6 We have sinned like our forebears; ♦
we have done wrong and dealt wickedly.
- 7 In Egypt they did not consider your wonders, nor remember
the abundance of your faithful love; ♦
they rebelled against the Most High at the Red Sea.

- 8 But he saved them for his name's sake, ♦
that he might make his power to be known.
- 9 He rebuked the Red Sea and it was dried up; ♦
so he led them through the deep as through the wilderness.
- 10 He saved them from the adversary's hand ♦
and redeemed them from the hand of the enemy.
- 11 As for those that troubled them, the waters overwhelmed
them; ♦
there was not one of them left.
- 12 Then they believed his words ♦
and sang aloud his praise.

Thursday

Psalm 111

- 1 Alleluia. I will give thanks to the Lord with my whole heart, ♦
in the company of the faithful and in the congregation.
- 2 The works of the Lord are great, ♦
sought out by all who delight in them.
- 3 His work is full of majesty and honour ♦
and his righteousness endures for ever.
- 4 He appointed a memorial for his marvellous deeds; ♦
the Lord is gracious and full of compassion.
- 5 He gave food to those who feared him; ♦
he is ever mindful of his covenant.

- 6 He showed his people the power of his works ♦
in giving them the heritage of the nations.
- 7 The works of his hands are truth and justice; ♦
all his commandments are sure.
- 8 They stand fast for ever and ever; ♦
they are done in truth and equity.
- 9 He sent redemption to his people; he commanded his
covenant for ever; ♦
holy and awesome is his name.
- 10 The fear of the Lord is the beginning of wisdom;
a good understanding have those who live by it; ♦
his praise endures for ever.

Friday

Psalm 145.1-8

- 1 I will exalt you, O God my King, ♦
and bless your name for ever and ever.
- 2 Every day will I bless you ♦
and praise your name for ever and ever.
- 3 Great is the Lord and highly to be praised; ♦
his greatness is beyond all searching out.
- 4 One generation shall praise your works to another ♦
and declare your mighty acts.

- 5 They shall speak of the majesty of your glory, ♦
and I will tell of all your wonderful deeds.
- 6 They shall speak of the might of your marvellous acts, ♦
and I will also tell of your greatness.
- 7 They shall pour forth the story of your abundant kindness ♦
and joyfully sing of your righteousness.
- 8 The Lord is gracious and merciful, ♦
long-suffering and of great goodness.

Saturday

Psalm 146

- 1 Alleluia. Praise the Lord, O my soul: while I live will I praise
the Lord; ♦
as long as I have any being, I will sing praises to my God.
- 2 Put not your trust in princes, nor in any human power, ♦
for there is no help in them.
- 3 When their breath goes forth, they return to the earth; ♦
on that day all their thoughts perish.
- 4 Happy are those who have the God of Jacob for their help, ♦
whose hope is in the Lord their God;
- 5 Who made heaven and earth, the sea and all that is in
them; ♦
who keeps his promise for ever;

- 6 Who gives justice to those that suffer wrong ♦
and bread to those who hunger.
- 7 The Lord looses those that are bound; ♦
the Lord opens the eyes of the blind;
- 8 The Lord lifts up those who are bowed down; ♦
the Lord loves the righteous;
- 9 The Lord watches over the stranger in the land;
he upholds the orphan and widow; ♦
but the way of the wicked he turns upside down.
- 10 The Lord shall reign for ever, ♦
your God, O Zion, throughout all generations. Alleluia.

Short Readings

Sunday

Blessed be the God and Father of our Lord Jesus Christ! By his great mercy he has given us a new birth into a living hope through the resurrection of Jesus Christ from the dead, and into an inheritance that is imperishable, undefiled, and unfading, kept in heaven for you, who are being protected by the power of God through faith for a salvation ready to be revealed in the last time. *I Peter 1.3-5*

Monday

Sing aloud, O daughter Zion; shout, O Israel! Rejoice and exult with all your heart, O daughter Jerusalem! The Lord has taken away the judgements against you, he has turned away your enemies. The king of Israel, the Lord, is in your midst; you shall fear disaster no more.

On that day it shall be said to Jerusalem: Do not fear, O Zion; do not let your hands grow weak. The Lord, your God, is in your midst, a warrior who gives victory; he will rejoice over you with gladness, he will renew you in his love; he will exult over you with loud singing as on a day of festival. I will remove disaster from you, so that you will not bear reproach for it. *Zephaniah 3.14-18*

Tuesday

So it is with the resurrection of the dead. What is sown is perishable, what is raised is imperishable. It is sown in dishonour, it is raised in glory. It is sown in weakness, it is raised in power. It is sown a physical body, it is raised a spiritual body. The first man was from the earth, a man of dust; the second man is from heaven. As was the man of dust, so are those who are of the dust; and, as is the man of heaven, so are those who are of heaven. Just as we have borne the image of the man of dust, we will also bear the image of the man of heaven. *I Corinthians 15.42-44a,47-49*

Wednesday

If you have been raised with Christ, seek the things that are above, where Christ is, seated at the right hand of God. Set your minds on things that are above, not on things that are on earth, for you have died, and your life is hidden with Christ in God. When Christ who is your life is revealed, then you also will be revealed with him in glory. *Colossians 3.1-4*

Thursday

As the two disciples came near the village to which they were going, Jesus walked ahead as if he were going on. But they urged him strongly, saying, 'Stay with us, because it is almost evening and the day is now nearly over.' So he went in to stay with them. When he was at the table with them, he took bread, blessed and broke it, and gave it to them. Then their eyes were opened, and they recognized

him; and he vanished from their sight. They said to each other, 'Were not our hearts burning within us while he was talking to us on the road, while he was opening the scriptures to us?'

Luke 24.28-32

Friday

Job said, 'O that my words were written down! O that they were inscribed in a book! O that with an iron pen and with lead they were engraved on a rock for ever! For I know that my Redeemer lives, and that at the last he will stand upon the earth; and after my skin has been thus destroyed, then in my flesh I shall see God, whom I shall see on my side, and my eyes shall behold, and not another.'

Job 19.23-27a

Saturday

I turned to see whose voice it was that spoke to me, and on turning I saw seven golden lampstands, and in the midst of the lampstands I saw one like the Son of Man, clothed with a long robe and with a golden sash across his chest. When I saw him, I fell at his feet as though dead. But he placed his right hand on me, saying, 'Do not be afraid; I am the first and the last, and the living one. I was dead, and see, I am alive for ever and ever; and I have the keys of Death and of Hades.'

Revelation 1.12,13,17,18

Or, on any day in Easter

Jesus said, 'This is the will of him who sent me, that I should lose nothing of all that he has given me, but raise it up on the last day.'

John 6.39

Response

You may wish to spend a few moments in silence thinking about the readings and then say:

Blessed are the peacemakers,
All for they will be called children of God.

Matthew 5.9

Prayers

You may wish to spend some time praying for your day and for those around you. You can pray your own prayers or use the prayer below:

Prayer for Easter Season

On this day that the Lord has made,
let us pray for the people he has redeemed.

That we may live as those who believe in the triumph of the cross.

That all people may receive the good news of his victory.

That those born to new life in the waters of baptism
may know the power of his resurrection.

That those who suffer pain and anguish
may find healing and peace in the wounds of Christ.

That in the undying love of Christ
we may be united with all who have died in the faith of Christ.

Let us commend the world, in which Christ rose from the dead, to the mercy and protection of God. **Amen.**

Collect

Christ yesterday and today,
the beginning and the end,
Alpha and Omega,
all time belongs to you,
and all ages;
to you be glory and power
through every age and for ever. **Amen.**

from the Easter Vigil

As our Saviour taught us we pray:

All Our Father, who art in heaven,
hallowed be your name;
thy kingdom come;
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation;
but deliver us from evil.
For thine is the kingdom,
the power, and the glory,
for ever and ever.
Amen.

The Conclusion

May the risen Christ give us his peace.

All Alleluia. Amen.